40 Years of Academic Public Psychiatry

Editors

Selby C. Jacobs, M.D., M.P.H. and Ezra E. H. Griffith, M.D.
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Dedication

To All the Staff and Patients of the Connecticut Mental Health Center

While we have chosen to emphasize the melding of service delivery and academic initiatives in this text, it is still important to acknowledge that the CMHC has been an organization in which both staff and patients have spent significant parts of their lives. There are many patients who have obtained most of their psychiatric care at this one locale. Some physicians, nurses, psychologists and social workers have spent almost all their professional lives at the Center. Other support staff can make the same claim. Consequently, many individuals can recount life narratives that place this mental health facility at the center of their work lives. Those stories are not part of this text. Nevertheless, as editors, we recognize that the CMHC in its 40-year history has not just been a crucible where intellectuals contemplated their ideas. Some people, among those the Center serves, have lived out their personal stories in this place and have had their lives intertwined inextricably with the history of the Center. This fortieth anniversary therefore celebrates, too, all those who have made use of the Center as a place that offered succor and hope, while also serving as a buffer against the slings and arrows encountered in the external environment. On a particular and final note, the editors would like to acknowledge their profound debt of gratitude to Dr Boris M. Astrachan, an inspiring mentor, a Professor of Medicine at the Yale University School of Medicine, and the Director of the Connecticut Mental Health Center from 1970 to 1987.

Selby C. Jacobs and Ezra E. H. Griffith
Table of contents

Foreword
Kenneth S. Thompson xv

Introduction: The Connecticut Mental Health Center as a public psychiatry initiative
Selby C. Jacobs and Ezra E. H. Griffith xix

1 Severe and persistent mental illness
Bruce Wexler, Larry Davidson, Thomas Styron and John Strauss 1

2 Connecticut Mental Health Center: clinical, research and training programs in the addictions
Richard Schottenfeld, Kathleen Carroll, Thomas Kosten, Stephanie O’Malley, Bruce Rounsaville, Rajita Sinha and Herbert Kleber 21

3 Law and Psychiatry at the Connecticut Mental Health Center
Howard V. Zonana and Madelon V. Baranoski 51

4 The neuroscience research program at the Connecticut Mental Health Center
George R. Heninger, John H. Krystal, Ronald S. Duman, Benjamin S. Bunney, Malcolm B. Bowers, Jr. and George K. Aghajanian 77

5 Psychiatric epidemiology, services research, prevention and public health
Selby C. Jacobs, David L. Snow, Rani Desai and Gary Tischler 97

6 Ethnicity, mental health care disparities and culturally competent care at the Connecticut Mental Health Center
Howard C. Blue, Luis Añez, Manuel Paris, Dietra Hawkins and Robert Page 123

7 A public–academic partnership at the Connecticut Mental Health Center
Wayne F. Dailey, Thomas A. Kirk, Jr., Robert A. Cole and Paul J. Di Leo 141
<table>
<thead>
<tr>
<th>Chapter</th>
<th>Title</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>8</td>
<td>Public psychiatry training and education at the Connecticut Mental</td>
<td>159</td>
</tr>
<tr>
<td></td>
<td>Health Center</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Jeanne Steiner, Nancy Anderson, Richard Belitsky, Michael Hoge,</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Martha L. Mitchell, William H. Sledge and Sophie Tworkowski</td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>The future of academic public psychiatry</td>
<td>175</td>
</tr>
<tr>
<td></td>
<td>Selby C. Jacobs and Ezra E. H. Griffith</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Epilogue: Academic–public partnership from a British perspective</td>
<td>191</td>
</tr>
<tr>
<td></td>
<td>Ajoy Thachil and Dinesh Bhugra</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Index</td>
<td>199</td>
</tr>
</tbody>
</table>
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