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Julie A. Winkelstern

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Arthur E. Jongsma, Jr.
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To my lifelong, deeply respected, and beloved friend, Dr. Garrett Boersma, a very special educator of special educators.

Art Jongsma

To my supportive husband, David, and talented son, Ian, for their unwavering support of this endeavor, and to the many students who have taught me about the challenges of living with a disability.

Julie Winkelstern
## CONTENTS

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Series Preface</td>
<td>xiii</td>
</tr>
<tr>
<td>Acknowledgments</td>
<td>xv</td>
</tr>
<tr>
<td>Introduction</td>
<td>1</td>
</tr>
<tr>
<td>Asperger’s Disorder</td>
<td>13</td>
</tr>
<tr>
<td>Attention-Deficit / Hyperactivity Disorder—Adolescent</td>
<td>20</td>
</tr>
<tr>
<td>Attention-Deficit / Hyperactivity Disorder—Child</td>
<td>32</td>
</tr>
<tr>
<td>Autism</td>
<td>43</td>
</tr>
<tr>
<td>Basic Reading Skills</td>
<td>54</td>
</tr>
<tr>
<td>Behaviorally / Emotionally Impaired—Adolescent</td>
<td>66</td>
</tr>
<tr>
<td>Behaviorally / Emotionally Impaired—Child</td>
<td>79</td>
</tr>
<tr>
<td>Chronically Health Impaired</td>
<td>92</td>
</tr>
<tr>
<td>General Learning Disabilities—Adolescent</td>
<td>100</td>
</tr>
<tr>
<td>General Learning Disabilities—Child</td>
<td>111</td>
</tr>
<tr>
<td>Hearing Impaired and Deaf</td>
<td>120</td>
</tr>
<tr>
<td>Listening Comprehension</td>
<td>131</td>
</tr>
<tr>
<td>Mathematics Calculation</td>
<td>142</td>
</tr>
<tr>
<td>Mathematics Reasoning</td>
<td>151</td>
</tr>
<tr>
<td>Mild Mentally Impaired—Adolescent</td>
<td>160</td>
</tr>
<tr>
<td>Mild Mentally Impaired—Child</td>
<td>175</td>
</tr>
<tr>
<td>Oral Expression / Language</td>
<td>186</td>
</tr>
<tr>
<td>Physically Health Impaired</td>
<td>197</td>
</tr>
<tr>
<td>Preschool Children with Developmental Delays</td>
<td>209</td>
</tr>
<tr>
<td>Reading Comprehension</td>
<td>218</td>
</tr>
<tr>
<td>Severely Multiply Impaired</td>
<td>226</td>
</tr>
<tr>
<td>Speech Disorders</td>
<td>237</td>
</tr>
<tr>
<td>Tourette’s Disorder</td>
<td>244</td>
</tr>
<tr>
<td>Trainable Mentally Impaired—Adolescent</td>
<td>253</td>
</tr>
<tr>
<td>Trainable Mentally Impaired—Child</td>
<td>266</td>
</tr>
<tr>
<td>Traumatic Brain Injury</td>
<td>277</td>
</tr>
</tbody>
</table>
CONTENTS

Violent and Dangerous 285
Visually Impaired and Blind 299
Written Expression 312

Appendix A: Bibliotherapy for Parents 325
Appendix B: Bibliography for Professionals 333
SERIES PREFACE

The practice of psychotherapy has a dimension that did not exist 30, 20, or even 15 years ago—accountability. Treatment programs, public agencies, clinics, and even group and solo practitioners must now justify the treatment of patients to outside review entities that control the payment of fees. This development has resulted in an explosion of paperwork.

Clinicians must now document what has been done in treatment, what is planned for the future, and what the anticipated outcomes of the interventions are. The books and software in this Practice Planner series are designed to help practitioners fulfill these documentation requirements efficiently and professionally.

The Practice Planner series is growing rapidly. It now includes not only the original Complete Psychotherapy Treatment Planner and the Child and Adolescent Psychotherapy Treatment Planner, but also Treatment Planners targeted to specialty areas of practice, including: chemical dependency, the continuum of care, couples therapy, employee assistance, behavioral medicine, therapy with older adults, pastoral counseling, family therapy, group therapy, neuropsychology, therapy with gays and lesbians, and more.

In addition to the Treatment Planners, the series also includes TheraScribe®, the latest version of the popular treatment planning, patient record-keeping software, as well as adjunctive books, such as the Brief, Chemical Dependence, Couple, Child, and Adolescent Therapy Homework Planners, The Psychotherapy Documentation Primer, and Clinical, Forensic, Child, Couples and Family, Continuum of Care, and Chemical Dependence Documentation Sourcebooks—containing forms and resources to aid in mental health practice management. The goal of the series is to provide practitioners with the resources they need in order to provide high-quality care in the era of accountability—or, to put it simply, we seek to help you spend more time on patients, and less time on paperwork.

ARTHUR E. JONGSMA, JR.
Grand Rapids, Michigan

xiii