DIET AND EXERCISE IN COGNITIVE FUNCTION AND NEUROLOGICAL DISEASES

Edited by Tahira Farooqui and Akhlaq A. Farooqui

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DIET AND EXERCISE IN COGNITIVE FUNCTION AND NEUROLOGICAL DISEASES
Dedicated to the Next Generation
To make this world healthier and happier
“If we could give every individual the right amount of nourishment and exercise, not too little and not too much, we would have found the safest way to health.”

—Hippocrates 440BC
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