A REALISTIC AND CONTEMPORARY PORTRAYAL OF THE DYNAMIC FIELD OF CLINICAL PSYCHOLOGY

Thoroughly revised and updated to reflect the most current topics professionals will face in clinical practice, the Third Edition takes an integrative biopsychosocial approach throughout and features:

- New coverage of innovations in psychotherapy and their implications for interventions, changing populations, and assessment
- Up-to-date discussion of empirically supported treatments, technology-assisted treatments such as Web-based interventions, and new cognitive behavior treatments such as ACT
- Insights into prevention, ethics, evidence-based treatments, and confidentiality laws and regulations including HIPAA
- Case studies detailing the theoretical conceptualization, assessment, and treatment of clients
- Chapter-ending Big Picture synopses and lists of key points and terms, as well as unique Real Students, Real Questions sections featuring actual questions asked by clinical psychology students
- Firsthand career advice from a diverse group of mental health professionals
- Current and future trends, plus a step-by-step road map that covers all aspects of becoming a clinical psychologist

This broad-spectrum overview of the art and science of clinical psychology explores many different perspectives in many different settings. Author Thomas Plante draws from his own experience as a practicing clinician and college professor to reveal how science and application function together in the day-to-day practice of psychology.

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For Lori and Zach,
who make everything worthwhile and meaningful
**Brief Contents**

**PART ONE**

**Foundations and Fundamentals**

*Chapter 1*
What Is Contemporary Clinical Psychology? 3

*Chapter 2*
Foundations and Early History of Clinical Psychology 31

*Chapter 3*
Recent History of Clinical Psychology 49

*Chapter 4*
Research: Design and Outcome 73

*Chapter 5*
The Major Theoretical Models: Psychodynamic, Cognitive-Behavioral, Humanistic, and Family Systems 111

*Chapter 6*
Integrative and Biopsychosocial Approaches in Contemporary Clinical Psychology 135
Brief Contents

PART TWO
Roles and Responsibilities 167

Chapter 7
Contemporary Psychological Assessment I: Interviewing and Observing Behavior 169

Chapter 8
Contemporary Psychological Assessment II: Cognitive and Personality Assessment 201

Chapter 9
Psychotherapeutic Interventions 247

Chapter 10
Psychotherapeutic Issues 279

Chapter 11
Areas of Specialization 303

Chapter 12
Consultative, Teaching, and Administrative Roles 345

Chapter 13
Ethical Standards 371

PART THREE
Where Is Clinical Psychology Going, and Should I Go With It? 407

Chapter 14
Current and Future Trends and Challenges 409

Chapter 15
Becoming a Clinical Psychologist: A Roadmap 453

Glossary 477

Appendix: Ethical Principles of Psychologists and Code of Conduct 2002 487

References 507

Author Index 569

Subject Index 583
CONTENTS

Preface to the Third Edition xxi
About the Author xxv

PART ONE

Foundations and Fundamentals 1

Chapter 1

What Is Contemporary Clinical Psychology? 3
Case Study: Carlos 3
Definition and Inherent Intrigue 5
Perspective and Philosophy 6
Education and Training 8
Activities 10
Highlight of a Contemporary Clinical Psychologist: Patrick H. DeLeon, PhD, ABPP 14
Employment Settings 16
Subspecialties 18
Organizations 21
How Does Clinical Psychology Differ from Related Fields? 22
The Big Picture 27
Key Points 28
Key Terms 29
For Reflection 29
Real Students, Real Questions 29
Web Resources 29

Chapter 2

Foundations and Early History of Clinical Psychology 31

Early Conceptions of Mental Illness: Mind and Body Paradigms 33
The Founding of Clinical Psychology 38
Highlight of a Contemporary Clinical Psychologist: Rev. Gerdenio “Sonny” Manuel, SJ, PhD 39
Contents

Highlight of a Contemporary Clinical Psychologist: Alan E. Kazdin, PhD, ABPP 88
Treatment Outcome Research 91
Questions and Challenges in Conducting Treatment Outcome Research 94
Contemporary Issues in Clinical Psychology Treatment Outcome Research 99
How and Where Is Research Conducted in Clinical Psychology and How Is It Funded? 103
The Big Picture 105
Key Points 106
Key Terms 108
For Reflection 108
Real Students, Real Questions 108
Web Resources 109

Chapter 5

The Major Theoretical Models: Psychodynamic, Cognitive-Behavioral, Humanistic, and Family Systems 111
The Four Major Theoretical Models in Clinical Psychology 112
CASE STUDY: Mary 113
Highlight of a Contemporary Clinical Psychologist: Marcia J. Wood, PhD 128
Understanding Mary from Different Theoretical Orientations 130
The Big Picture 132
Key Points 132
Key Terms 133
For Reflection 133
Real Students, Real Questions 134
Web Resources 134

Chapter 6

Integrative and Biopsychosocial Approaches in Contemporary Clinical Psychology 135
The Call to Integration 135
Biopsychosocial Integration 140
CASE STUDY: Mary—Integrating Biological Factors 146
Synthesizing Biological, Psychological, and Social Factors in Contemporary Integration 148
xii Contents

CASE STUDY: Mary—Integrating Social Factors 150
Highlight of a Contemporary Clinical Psychologist: Stephanie Pinder-Amaker, PhD 152
Application of the Biopsychosocial Perspective to Contemporary Clinical Psychology Problems 153
CASE STUDY: Hector Experiences Obsessive-Compulsive Disorder (Biopsychosocial) 156
CASE STUDY: Nicole Experiences School Phobia (Biopsychosocial) 158
CASE STUDY: Taylor Experiences Cardiovascular Disease, Job and Family Stress, and Type A Personality (Biopsychosocial) 160
CASE STUDY: Marilyn —Biopsychosocial with Cancer 162
CASE STUDY: Mary—Biopsychosocial Synthesis 164
Conclusion 165
The Big Picture 165
Key Points 165
Key Terms 166
For Reflection 166
Real Students, Real Questions 166
Web Resources 166

PART TWO

Roles and Responsibilities 167

Chapter 7

Contemporary Psychological Assessment I: Interviewing and Observing Behavior 169

Goals, Purposes, and Types of Assessment 170
Reliability and Validity 171
Interviewing 173
Types of Interviews 177
CASE STUDY: Joe Experiences Depression 178
Highlight of a Contemporary Clinical Psychologist: Stanley Sue, PhD 186
Potential Threats to Effective Interviewing 187
Behavioral Observations 187
Checklists and Inventories 193
CASE STUDY: José and the BDI, CBCL, and SCL-90-R 196
Physiological Testing 197
Chapter 8

Contemporary Psychological Assessment II: Cognitive and Personality Assessment

Cognitive Testing 201
CASE STUDY: Paul—WAIS-IV (Intellectual Assessment) 207
CASE STUDY: Donald—WISC-IV (Intellectual Assessment) 211
CASE STUDY: Robert Experiences a Head Injury and Resulting Antisocial Behaviors (Neuropsychological) 219
Highlight of a Contemporary Clinical Psychologist: Lori Goldfarb Plante, PhD 221
Personality Testing 222
CASE STUDY: Martha Experiences Severe Depression and Borderline Personality (Rorschach) 231
CASE STUDY: Xavier Experiences Bipolar Disorder (Rorschach) 233
CASE STUDY: Debbie Experiences Alcoholism, Depression, and Phobic Anxiety (TAT) 235
CASE STUDY: Xavier (Sentence Completion) 236
CASE STUDY: Elias Experiences Anxiety and Depression (Sentence Completion) 236
Clinical Inference and Judgment 237
Communicating Assessment Results 240
CASE STUDY: Thomas Experiences Aggressive Behavior Associated with Asperger’s Syndrome (Psychological Assessment Report) 241
The Big Picture 244
Key Points 244
Key Terms 245
For Reflection 246
Real Students, Real Questions 246
Web Resources 246