COGNITIVE BEHAVIOR THERAPY:
Applying Empirically Supported Techniques in Your Practice

Edited by
William O’Donohue
Jane E. Fisher
Steven C. Hayes

John Wiley & Sons, Inc.
This book is dedicated to our mentors:
Nicholas Cummings
James Geer
Noretta Koertge
Leonard Krasner
Sister Margaret Ann White, C.S.J.
Michael G. H. Coles
Laura Carstensen
Richard McFall
David Barlow
John Cone
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CONTRIBUTORS

Jonathan S. Abramowitz
Mayo Clinic
Rochester, MN

Amanda Nicolson Adams
Fitness Evolution
Reno, NV

Jennifer H. Adams
University of Houston
Houston, TX

Mark A. Adams
Fitness Evolution
Reno, NV

K. Angeleque Akin-Little
University at Albany, SUNY
Albany, NY

Claudia Avina
University of Nevada
Reno, NV

Anjali Barretto
The University of Iowa
Iowa City, IA

Stephen K. Bell
University of Florida
Gainesville, FL

Wendy Berg
The University of Iowa
Iowa City, IA

Jennifer L. Best
University of Southern California
Los Angeles, CA

Arthur W. Blume
University of Texas at El Paso
El Paso, TX

Stephen R. Boggs
University of Florida
Gainesville, FL

Stephanie Both
University of Amsterdam
Amsterdam, The Netherlands

Adrian H. Bowers
University of Nevada
Reno, NV

Thomas E. Boyce
University of Nevada
Reno, NV

Kirk A. Brunswig
University of Nevada
Reno, NV

Eric Burkholder
University of Nevada
Reno, NV

James E. Carr
Western Michigan University
Kalamazoo, MI
Nicole Cavenagh
University of Nevada
Las Vegas, NV

Daniel Cervone
University of Illinois at Chicago
Chicago, IL

Linda J. Cooper-Brown
The University of Iowa
Iowa City, IA

Michelle G. Craske
University of California
Los Angeles, CA

Gerald C. Davidson
University of Southern California
Los Angeles, CA

Sona Dimidjian
University of Washington
Seattle, WA

Keith S. Dobson
University of Calgary
Calgary, Alberta, Canada

Brad Donohue
University of Nevada
Reno, NV

Melanie P. Duckworth
University of Nevada
Reno, NV

V. Mark Durand
University of Albany
Albany, NY

Albert Ellis
The Albert Ellis Institute
New York, NY

Sheila M. Eyberg
University of Florida
Gainesville, FL

Kyle E. Ferguson
University of Nevada
Reno, NV

Jack W. Finney
Virginia Tech University
Blacksburg, VA

Jane E. Fisher
University of Nevada
Reno, NV

Edna B. Foa
University of Pennsylvania
Philadelphia, PA

John P. Forsyth
University of Albany, SUNY
Albany, NY

Maxwell R. Frank
University of Hawaii
Manoa, Hawaii

Martin E. Franklin
University of Pennsylvania
Philadelphia, PA

Patrick C. Friman
University of Nevada
Reno, NV

Alan E. Fruzzetti
University of Nevada
Reno, NV

Armida R. Fruzzetti
Truckee Meadows Community College
Reno, NV

Tiffany Fusé
University at Albany, SUNY
Albany, NY

Robert J. Gatchel
The University of Texas Southwestern Medical Center at Dallas
Dallas, TX

Scott T. Gaynor
Western Michigan University
Kalamazoo, MI

Patrick M. Ghezzi
University of Nevada
Reno, NV

Elizabeth V. Gifford
University of Nevada
Reno, NV

Alan M. Gross
University of Mississippi
University, MS
Kate E. Hamilton
University of Calgary
Calgary, Alberta, Canada

Jay Harding
The University of Iowa
Iowa City, IA

Cathi D. Harris
University of Arizona
Tucson, AZ

Linda J. Hayes
University of Nevada
Reno, NV

Steven C. Hayes
University of Nevada
Reno, NV

Holly Hazlett-Stevens
University of Nevada
Reno, NV

Lara S. Head
University of Mississippi
University, MS

Elaine M. Heiby
University of Hawaii
Manoa, Hawaii

Jennifer M. Heidt
Temple University
Philadelphia, PA

Ramona Houmanfar
University of Nevada
Reno, NV

Carl Jungquist
University of Rochester
Rochester, NY

Aaron Kaplan
Waikiki Health Center
Honolulu, HI

Kimberly Keller
University of Illinois at Champaign-Urbana
Champaign, IL

Mary Lou Kelley
Louisiana State University
Baton Rouge, LA

Kelly Koerner
Behavioral Technology Transfer Group
Seattle, WA

Adam R. Krantweiss
Binghamton University
Binghamton, NY

Ellen T. M. Laan
University of Amsterdam
Amsterdam, The Netherlands

Rebecca S. Laird
Anxiety, Stress, & Depression Center
Appleton, WI

Ranilo Laygo
University of Hawaii
Manoa, HI

Arnold A. Lazarus
Rutgers, The State University of New Jersey
Piscataway, NJ

Linda A. LeBlanc
Western Michigan University
Kalamazoo, MI

Eric Levensky
University of Nevada
Reno, NV

Donald J. Levis
Binghamton University
Binghamton, NY

Marsha M. Linehan
University of Washington
Seattle, WA

Steven G. Little
Hofstra University
Hempstead, NY

Andy Lloyd
University of Nevada
Reno, NV

Elizabeth Lombardo
Drexel University
Philadelphia, PA

Kristen Lowry
University of Nevada
Reno, NV
Richard C. Robinson
The University of Texas Southwestern Medical Center at Dallas
Dallas, TX

Adel C. Robles
University of Nevada
Reno, NV

Horacio R. Roman
University of Nevada
Reno, NV

Gerald M. Rosen
Private Practice
Seattle, WA

Frederick Rotgers
Rutgers, The State University of New Jersey
Piscataway, NJ

Deborah A. Roth
University of Pennsylvania
Philadelphia, PA

Frank R. Rusch
University of Illinois at Champaign-Urbana
Champaign, IL

Tamara Penix Sbraga
Central Michigan University
Mount Pleasant, MI

Walter D. Scott
University of Wyoming
Laramie, WY

Chris Segrin
University of Arizona
Tucson, AZ

Chad Shenk
University of Nevada
Reno, NV

Deacon Shoenberger
University of Nevada
Reno, NV

Michael T. Smith
Johns Hopkins University School of Medicine
Baltimore, MD

Jonathan Tarbox
University of Nevada
Reno, NV

Rachal S. F. Tarbox
University of Nevada
Reno, NV

Timothy R. Vollmer
University of Florida
Gainesville, FL

David P. Wacker
The University of Iowa
Iowa City, IA

Michelle D. Wallace
University of Nevada
Reno, NV

W. Larry Williams
University of Nevada
Reno, NV

Ginger R. Wilson
University of Nevada
Reno, NV

Carrie S. Wright
University of Florida
Gainesville, FL

Lori A. Zoellner
University of Washington
Seattle, WA