Interprofessional Rehabilitation: A Person-Centred Approach is a concise and readable introduction to the principles and practice of a person-centred interprofessional approach to rehabilitation, based upon a firm scientific evidence base.

Written by a multi-contributor team of specialists in physiotherapy, occupational therapy, nursing, psychology and rehabilitation medicine, this text draws together common themes that cut across the different professional groups and the spectrum of health conditions requiring rehabilitation, and sets out a model of practice that is tailored to the specific needs of the client. Showing interprofessionalism at work in a range of clinical contexts, the book argues that effective rehabilitation is best conducted by well-integrated teams of specialists working in an interdisciplinary way, with the client or patient actively involved in all stages of the process.

This book will be essential reading for students preparing for practice in an increasingly interprofessional environment, and will be of interest to any health care practitioner keen to understand how an integrated approach to rehabilitation can benefit their clients.

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Interprofessional Rehabilitation
Interprofessional Rehabilitation
A Person-Centred Approach

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William Levack, PhD, MhealSc(Rehabilitation), BPhty, Associate Dean, Research and Postgraduate Studies for the University of Otago Wellington and Senior Lecturer in Rehabilitation for the Rehabilitation Teaching and Research Unit, Department of Medicine, University of Otago Wellington, New Zealand. William is a New Zealand registered physiotherapist who trained at the University of Otago. He began his clinical career working in New Zealand’s public health system, primarily in services providing treatment and rehabilitation for aged-related neurological and respiratory conditions, before moving to help establish a new branch of a private residential rehabilitation service for people with acquired brain injury in the community. Afterwards, William returned to the public health system to work as the Physiotherapy Team Leader for Wellington Public Hospital, managing a team of 30 physiotherapists and support
staff. In 2003, William was employed as a Lecturer at the University of Otago, teaching interdisciplinary, postgraduate courses in rehabilitation by distance, and in 2008 he completed his PhD. William’s research interests include goal theory, patient engagement in rehabilitation and interprofessional rehabilitation processes. His current research projects includes work on the development of a clinical measure of loss and reconstruction of self-identity after traumatic brain injury, qualitative research into the barriers and facilitators of access to evidence-based rehabilitation, and the use of kinetic video games as a form of therapeutic exercise for people with chronic respiratory disease.

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