The Speech-Language Pathology Treatment Planner
PracticePlanners® Series

Treatment Planners
- The Complete Adult Psychotherapy Treatment Planner, Third Edition
- The Child Psychotherapy Treatment Planner, Third Edition
- The Adolescent Psychotherapy Treatment Planner, Third Edition
- The Addiction Treatment Planner, Second Edition
- The Continuum of Care Treatment Planner
- The Couples Psychotherapy Treatment Planner
- The Employee Assistance Treatment Planner
- The Pastoral Counseling Treatment Planner
- The Behavioral Medicine Treatment Planner
- The Group Therapy Treatment Planner
- The Gay and Lesbian Psychotherapy Treatment Planner
- The Family Therapy Treatment Planner
- The Severe and Persistent Mental Illness Treatment Planner
- The Mental Retardation and Developmental Disability Treatment Planner
- The Social Work and Human Services Treatment Planner
- The Crisis Counseling and Traumatic Events Treatment Planner
- The Personality Disorders Treatment Planner
- The Rehabilitation Psychology Treatment Planner
- The Special Education Treatment Planner
- The School Counseling and School Social Work Treatment Planner
- The Sexual Abuse Victim and Sexual Offender Treatment Planner
- The Probation and Parole Treatment Planner
- The Psychopharmacology Treatment Planner
- The Speech-Language Pathology Treatment Planner
- The Suicide and Homicide Risk Assessment & Prevention Treatment Planner
- The College Student Counseling Treatment Planner

Progress Note Planners
- The Child Psychotherapy Progress Notes Planner, Second Edition
- The Adolescent Psychotherapy Progress Notes Planner, Second Edition
- The Adult Psychotherapy Progress Notes Planner, Second Edition
- The Addiction Progress Notes Planner
- The Severe and Persistent Mental Illness Progress Notes Planner
- The Couples Psychotherapy Progress Notes Planner

Homework Planners
- Brief Therapy Homework Planner
- Brief Couples Therapy Homework Planner
- Brief Adolescent Therapy Homework Planner
- Brief Child Therapy Homework Planner
- Brief Employee Assistance Homework Planner
- Brief Family Therapy Homework Planner
- Brief Counseling Homework Planner
- Group Therapy Homework Planner
- Divorce Counseling Homework Planner
- School Counseling and School Social Work Homework Planner
- Child Therapy Activity and Homework Planner
- Addiction Treatment Homework Planner, Second Edition
- Adolescent Psychotherapy Homework Planner II
- Adult Psychotherapy Homework Planner

Client Education Handout Planners
- Adult Client Education Handout Planner
- Child and Adolescent Client Education Handout Planner
- Couples and Family Client Education Handout Planner

Documentation Sourcebooks
- The Clinical Documentation Sourcebook, Second Edition
- The Forensic Documentation Sourcebook
- The Psychotherapy Documentation Primer
- The Chemical Dependence Treatment Documentation Sourcebook
- The Clinical Child Documentation Sourcebook
- The Couple and Family Clinical Documentation Sourcebook
- The Continuum of Care Clinical Documentation Sourcebook

Complete Planners
- The Complete Depression Treatment and Homework Planner
- The Complete Anxiety Treatment and Homework Planner
The Speech-Language Pathology Treatment Planner

Keith Landis
Judith Vander Woude
Arthur E. Jongsma, Jr.
To my wife, Jacqueline, my mother, Evelyn, and the memory of my father, Frank

—K.L.

For all those future speech-language pathologists. May wisdom and compassion guide all of your intervention decisions.

—J.V.W.

To my brother-in-law and coauthor, Keith Landis—a knowledgeable speech therapist and a very kind man of few words that are always well chosen.

—A.E.J.
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The practice of psychotherapy, as well as other therapies, has a dimension that did not exist 30, 20, or even 15 years ago—accountability. Treatment programs, public agencies, clinics, and even group and solo practitioners must now justify the treatment of patients to outside review entities that control the payment of fees. This development has resulted in an explosion of paperwork. Clinicians must now document what has been done in treatment, what is planned for the future, and what the anticipated outcomes of the interventions are. The books and software in this PracticePlanners series are designed to help practitioners fulfill these documentation requirements efficiently and professionally.

The PracticePlanners series is growing rapidly. It now includes not only the original The Complete Adult Psychotherapy Treatment Planner, Third Edition, The Child Psychotherapy Treatment Planner, Third Edition, and The Adolescent Psychotherapy Treatment Planner, Third Edition, but also Treatment Planners targeted to specialty areas of practice, including: addictions, juvenile justice/residential care, couples therapy, employee assistance, behavioral medicine, therapy with older adults, pastoral counseling, family therapy, group therapy, neuropsychology, therapy with gays and lesbians, special education, school counseling, probation and parole, therapy with sexual abuse victims and offenders, and more.

Several of the Treatment Planner books now have companion Progress Notes Planners (e.g., Adult, Adolescent, Child, Addictions, Severe and Persistent Mental Illness, Couples). More of these planners, which provide a menu of progress statements that elaborate on the client’s symptom presentation and the provider’s therapeutic intervention are in production. Each Progress Notes Planner statement is directly integrated with “Behavioral Definitions” and “Therapeutic Interventions” items from the companion Treatment Planner.

The list of therapeutic Homework Planners is also growing from the original Brief Therapy Homework to Adult, Adolescent, Child, Couples, Group, Family, Addictions, Divorce, Grief, Employee Assistance, and School Counseling/School Social Work Homework Planners. Each of these books can be used alone or in conjunction with their companion Treatment Planner. Homework assignments are designed around each presenting problem (e.g., Anxiety, Depression, Chemical Dependence, Anger Management, Panic, Eating Disorders), which is the focus of a chapter in its corresponding Treatment Planner.
Client Education Handout Planners, a new branch in the series, provides brochures and handouts to help educate and inform adult, child, adolescent, couples, and family clients on a myriad of mental health issues, as well as life-skills techniques. The list of presenting problems for which information is provided mirrors the list of presenting problems in the Treatment Planner of the title similar to that of the Handout Planner. Thus, the problems for which educational material is provided in the Child and Adolescent Client Education Handout Planner reflect the presenting problems listed in The Child and The Adolescent Psychotherapy Treatment Planner books. Handouts are included on CD-ROMs for easy printing and are ideal for use in waiting rooms, at presentations, as newsletters, or as information for clients struggling with mental illness issues.

In addition, the series also includes TheraScribe®, the latest version of the popular treatment planning, clinical record-keeping software. TheraScribe allows the user to import the data from any of the Treatment Planner, Progress Notes Planner, or Homework Planner books into the software’s expandable database. Then the point-and-click method can create a detailed, neatly organized, individualized, and customized treatment plan along with optional integrated progress notes and homework assignments.

Adjunctive books, such as The Psychotherapy Documentation Primer, and The Clinical, Forensic, Child, Couples and Family, Continuum of Care, and Chemical Dependence Documentation Sourcebook contain forms and resources to aid the mental health practice management. The goal of the series is to provide practitioners with the resources they need to provide high-quality care in the era of accountability—or, to put it simply, we seek to help you spend more time on patients, and less time on paperwork.

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Many authors say that writing a book is a protracted exercise in loneliness. I am happy to report that this was not the case in the writing of this planner. From start to finish, I enjoyed the encouragement and support of several extraordinary people who made this project a truly collaborative effort. Indeed, without their help, I would not have had the stamina to see it to the end. Special thanks are due to Art Jongsma for proposing the project and guiding it, with great patience and good humor, to its conclusion. He is an ideal editor. Thanks are also due to Judy Vander Woude, an enviable combination of scholar and clinician. I learned greatly from her criticisms and insights, and I am a better clinician because of our collaboration. Jen Byrne’s quietly meticulous work transformed my woeful attempts at word processing into beautifully readable text. Thanks, Jen. Finally, I would like to thank Peggy Alexander and the editorial staff at John Wiley & Sons for being willing to take a dare with this project, opening a new door for the Treatment Planner Series. Again, thank you all.

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A.E.J.
INTRODUCTION

PLANNER FOCUS

The Speech-Language Pathology Treatment Planner is designed for speech-language pathologists who provide treatment for those with communication disorders. The Planner includes those areas most frequently recognized as our scope of practice by the American Speech-Language-Hearing Association. Although it is not an exhaustive list, the most common challenges for individuals with various communication disorders are addressed.

Interventions are designed to offer the speech-language pathologist a variety of functional and meaningful strategies to improve clients’ communication skills. Emphasis is always on enhancing the strengths of clients and furthering their functional communication skills, regardless of the types and severities of their disability.

With the advent of managed care, treatment planning and outcome measurements are increasingly important in speech-language pathology practices. Managed care systems expect documented efficient and effective treatment for clients in a restricted time period. Treatment plans are expected to be well documented with clearly delineated outcomes. Speech-language pathologists in settings such as hospitals, home health care, rehabilitation, and private practice are expected to use effective high-quality treatment plans delivered in a relatively limited time frame. Our purpose in writing this book is to clarify, simplify, and accelerate the treatment planning process for novice speech-language pathologists and to remind more expert speech-language pathologists of best-practice assessment and intervention strategies and approaches.

TREATMENT PLAN UTILITY

Detailed, written treatment plans benefit not only the client, speech-language pathologist, rehabilitation team, insurance community, and