All movies are psychologically alive, exploding with human drama. This drama can be seen from many different angles—in the movies themselves, in the people who make them, and in the people who watch them. Psychology at the Movies explores these issues and addresses how psychologists have interpreted movies and how psychotherapy and psychological disorders have been depicted in film. The author also examines the psychological make-up of legendary directors, such as Hitchcock, Scorsese and Woody Allen, and actors such as Angelina Jolie and Jack Nicholson. Also considered is the powerful impact that film can have on its audience. The author draws upon his extensive experience in the fields of film and psychology to reveal the deep connections between the fantasy world of cinema and the realities of everyday life.

Engagingly written to appeal to academics and movie fans alike, Psychology at the Movies is a front row ticket to issues at the forefront of popular cinema and the human mind.

Skip Dine Young is a Professor of Psychology at Hanover College in Indiana. He is a licensed clinical psychologist with interests in popular culture, narrative psychology and human development.
Psychology at the Movies
Psychology at the Movies

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